Country Profile: Pakistan

Region: South-Central Asia

Last Updated: 14 November 2018

Identified policies and legal sources related to abortion:

- Reproductive Health Act
- General Medical Health Act
- Constitution
- Criminal / Penal Code
- Civil Code
- Ministerial Order / Decree
- Case Law
- Health Regulation / Clinical Guidelines
- EML / Registered List
- Medical Ethics Code
- Document Relating to Funding
- Abortion Specific Law
- Law on Medical Practitioners
- Law on Health Care Services
- Other

Related Documents

- From Criminal / Penal Code:
  - Penal Code, 1860
- From Health Regulation / Clinical Guidelines:
  - Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care
- From EML / Registered List:
  - National Essential List of Medicines
- From Document Relating to Funding:
  - Essential Package of Health Services for Primary Health Care in Punjab, 2013

Concluding Observations:

- CEDAW
- CEDAW
- CESC
- CRC
- CRC
- HRC

Persons who can be sanctioned:

- A woman or girl can be sanctioned
- Providers can be sanctioned
- A person who assists can be sanctioned

Abortion at the woman's request

- No

Legal Ground and Gestational Limit

- Economic or social reasons
  - No

Related documents:

- Penal Code, 1860 (page 80)

WHO Guidance

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

Health grounds shall reflect WHO’s definitions of health, which entails a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity. Abortion Care Guideline § 2.2.2.

Source document: WHO Abortion Care Guideline (page 16)
Grounds-based approaches to restricting access to abortion should be revised in favour of making abortion available on the request of the woman, girl or other pregnant person. The Abortion Care Guideline recommends against laws and other regulations that restrict abortion by grounds. The guideline recommends abortion be available on the request of the woman, girl or other pregnant person.

Until they are replaced with abortion on request, any existing grounds should be formulated and applied in a manner consistent with international human rights law. This requires that abortion is available when carrying a pregnancy to term would cause the woman, girl or other pregnant person substantial pain or suffering, including but not limited to situations where the pregnancy is not viable. Grounds-based approaches that require fetal impairments to be fatal for abortion to be lawful frustrate providers and leave women no choice but to continue with pregnancy. Being required to continue with a pregnancy that causes significant distress violates numerous human rights. Abortion Care Guideline § 2.2.2.

Source document: WHO Abortion Care Guideline (page 64)
Related documents:
- Penal Code, 1860 (page 80)

Health grounds shall reflect WHO's definitions of health, which entails a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity. Abortion Care Guideline § 2.2.2.

Source document: WHO Abortion Care Guideline (page 16)

Gestational limit applies
Not specified

Additional notes
The Penal Code envisions punishment for the person who “causes a woman with child some of whose limbs or organs have been formed to miscarry, if such miscarriage is not caused in good faith for the purpose of saving the life of the woman.”

The Punjab Guidelines explain the legal situation in Pakistan as follows: “Abortion is legal in Pakistan for expanded indications in early pregnancy, generally accepted by Islamic legal scholars as up to 120 days of pregnancy, when the abortion is caused in good faith to save the woman’s life and to provide “necessary treatment”. After 120 days of pregnancy, abortion is legal only to save a woman’s life.”

Related documents:
- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 11)
### Additional Requirements to Access Safe Abortion

<table>
<thead>
<tr>
<th>Authorization of health professional(s)</th>
<th>Varieties by jurisdiction</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHO Guidance</td>
<td></td>
</tr>
<tr>
<td>The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.</td>
<td></td>
</tr>
<tr>
<td>Third-party authorization requirements are incompatible with international human rights law, which provides that States may not restrict women's access to health services on the ground that they do not have the authorization of husbands, partners, parents or health authorities, because they are unmarried, or because they are women. The Abortion Care Guideline recommends that abortion be available on the request of the woman, girl or other pregnant person without the authorization of any other individual, body or institution. Abortion Care Guideline § 3.3.2.</td>
<td></td>
</tr>
<tr>
<td>Source document: WHO Abortion Care Guideline (page 81)</td>
<td></td>
</tr>
<tr>
<td>Additional notes</td>
<td></td>
</tr>
<tr>
<td>The Penal Code punishes the person who &quot;causes a woman with child some of whose limbs or organs have been formed to miscarry, if such miscarriage is not caused in good faith for the purpose of saving the life of the woman.&quot;</td>
<td></td>
</tr>
<tr>
<td>The Punjab Guidelines explain the legal situation in Pakistan as follows: “Abortion is legal in Pakistan for expanded indications in early pregnancy, generally accepted by Islamic legal scholars as up to 120 days of pregnancy, when the abortion is caused in good faith to save the woman's life and to provide “necessary treatment”. After 120 days of pregnancy, abortion is legal only to save a woman's life.”</td>
<td></td>
</tr>
<tr>
<td>Related documents:</td>
<td></td>
</tr>
<tr>
<td>- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)</td>
<td></td>
</tr>
<tr>
<td>- Post-abortive Care Reference Manual, 2015 (page 1)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Authorization in specially licensed facilities only</th>
<th>Not specified</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHO Guidance</td>
<td></td>
</tr>
<tr>
<td>The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.</td>
<td></td>
</tr>
<tr>
<td>To establish an enabling environment, there is a need for abortion care to be integrated into the health system across all levels (including primary, secondary and tertiary) – and supported in the community – to allow for expansion of health worker roles, including self-management approaches. To ensure both access to abortion and achievement of Universal Health Coverage (UHC), abortion must be centred within primary health care (PHC), which itself is fully integrated within the health system, facilitating referral pathways for higher-level care when needed. Abortion Care Guideline § 1.4.1.</td>
<td></td>
</tr>
<tr>
<td>Source document: WHO Abortion Care Guideline (page 52)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Judicial authorization for minors</th>
<th>Not specified</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHO Guidance</td>
<td></td>
</tr>
<tr>
<td>The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.</td>
<td></td>
</tr>
<tr>
<td>The Abortion Care Guideline recommends that abortion be available on the request of the woman, girl or other pregnant person without the authorization of any other individual, body or institution. Abortion Care Guideline § 3.3.2.</td>
<td></td>
</tr>
<tr>
<td>Source document: WHO Abortion Care Guideline (page 81)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Judicial authorization in cases of rape</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHO Guidance</td>
<td></td>
</tr>
<tr>
<td>The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.</td>
<td></td>
</tr>
<tr>
<td>There shall be no procedural requirements to &quot;prove&quot; or &quot;establish&quot; satisfaction of grounds, such as requiring judicial orders or police reports in cases of rape or sexual assault (for sources to support this information). These restrictions subject the individual to unnecessary trauma, may put them at increased risk from the perpetrator, and may cause women to resort to unsafe abortion.</td>
<td></td>
</tr>
<tr>
<td>The Abortion Care Guideline recommends abortion be available on the request of the woman, girl or other pregnant person. Abortion Care Guideline § 2.2.2.</td>
<td></td>
</tr>
<tr>
<td>Topic</td>
<td>Information</td>
</tr>
<tr>
<td>----------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Police report required in case of rape</td>
<td>The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts. There shall be no procedural requirements to “prove” or “establish” satisfaction of grounds, such as requiring judicial orders or police reports in cases of rape or sexual assault (for sources to support this information). These restrictions subject the individual to unnecessary trauma, may put them at increased risk from the perpetrator, and may cause women to resort to unsafe abortion. The Abortion Care Guideline recommends abortion be available on the request of the woman, girl or other pregnant person. Abortion Care Guideline § 2.2.2.</td>
</tr>
<tr>
<td>Parental consent required for minors</td>
<td>Not applicable</td>
</tr>
<tr>
<td>Spousal consent</td>
<td>The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts. While parental or partner involvement in abortion decision-making can support and assist women, girls or other pregnant persons, this must be based on the values and preferences of the person availing of abortion and not imposed by third-party authorization requirements. Third-party authorization requirements are incompatible with international human rights law, which provides that States may not restrict women’s access to health services on the ground that they do not have the authorization of husbands, partners, parents or health authorities, because they are unmarried, or because they are women. The Abortion Care Guideline recommends that abortion be available on the request of the woman, girl or other pregnant person without the authorization of any other individual, body or institution. Abortion Care Guideline § 3.3.2.</td>
</tr>
<tr>
<td>Ultrasound images or listen to foetal heartbeat required</td>
<td>Not applicable</td>
</tr>
</tbody>
</table>
### Compulsory counselling

When there is no explicit reference to an issue covered in the questionnaire in the relevant document(s), this is noted and no interpretation was made.

**Related documents:**
- Penal Code, 1860

**WHO Guidance**

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

While counselling should be made available and accessible, it should always be voluntary for women to choose whether or not they want to receive it. The right to refuse counselling when offered must be respected. Where provided, counselling must be available to individuals in a way that respects privacy and confidentiality.

Counselling should be person-centred and may need to be tailored according to the needs of the individual; young people, survivors of sexual and gender-based violence or members of marginalized groups may have different information or counselling requirements.

The content of and approach to counselling will need to be adjusted depending on the reason for seeking abortion services. Therefore, it is important for the counsellor to be aware of and sensitive to the individual’s situation and needs. Abortion Care Guideline § 3.2.2.

**Source document:** WHO Abortion Care Guideline (page 77)

### Compulsory waiting period

When there is no explicit reference to an issue covered in the questionnaire in the relevant document(s), this is noted and no interpretation was made.

**Related documents:**
- Penal Code, 1860

**WHO Guidance**

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

Mandatory waiting periods delay access to abortion, sometimes to the extent that women’s access to abortion or choice of abortion method is restricted. The Abortion Care Guideline recommends against mandatory waiting periods for abortion. Abortion Care Guideline § 3.3.1.

**Source document:** WHO Abortion Care Guideline (page 79)

### Mandatory HIV screening test

When there is no explicit reference to an issue covered in the questionnaire in the relevant document(s), this is noted and no interpretation was made.

**Related documents:**
- Penal Code, 1860

**WHO Guidance**

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

Regulatory, policy and programmatic barriers – as well as barriers in practice – that hinder access to and timely provision of quality abortion care should be removed. Abortion Care Guideline § Box 2.1.

**Source document:** WHO Abortion Care Guideline (page 59)

### Other mandatory STI screening tests

When there is no explicit reference to an issue covered in the questionnaire in the relevant document(s), this is noted and no interpretation was made.

**Related documents:**
- Penal Code, 1860

**WHO Guidance**

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

Regulatory, policy and programmatic barriers – as well as barriers in practice – that hinder access to and timely provision of quality abortion care should be removed. Abortion Care Guideline § Box 2.1.

**Source document:** WHO Abortion Care Guideline (page 59)

### Prohibition of sex-selective abortion

When there is no explicit reference to an issue covered in the questionnaire in the relevant document(s), this is noted and no interpretation was made.

**Related documents:**
- Penal Code, 1860

**WHO Guidance**

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

In situations where abortion is restricted for sex selection purposes, terminating a pregnancy for this reason is likely to involve an unsafe procedure carrying high risks. Any policies or guidelines on the use of technology in obstetric and fetal medicine should take into account the need to ensure women’s access to safe abortion and other services - efforts to manage or limit sex selection should also not hamper or limit access to safe abortion services. Preventing gender-biased sex selection: an interagency statement.

**Source document:** Preventing Gender-Biased Sex Selection (page 17)
### Clinical and Service-delivery Aspects of Abortion Care

#### National guidelines for induced abortion

<table>
<thead>
<tr>
<th>WHO Guidance</th>
</tr>
</thead>
<tbody>
<tr>
<td>The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.</td>
</tr>
<tr>
<td>National standards and guidelines for abortion care should be evidence based and periodically updated and should provide the necessary guidance to achieve equal access to comprehensive abortion care. Leadership should also promote evidence-based SRH services according to these standards and guidelines. Abortion Care Guideline § 1.3.3.</td>
</tr>
<tr>
<td>Source document: WHO Abortion Care Guideline (page 50)</td>
</tr>
</tbody>
</table>

---

**Additional notes**

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: "Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care" which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

**Related documents:**
- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)
Methods allowed

Vacuum aspiration
Varies by province

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: “Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care” which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

In Punjab province, vacuum aspiration is permitted up to 13 weeks of gestation. Abortion by use of misoprostol is permitted up to 12 weeks of gestation.

- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)

Dilatation and evacuation
Varies by province

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: “Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care” which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan’s legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)

Combination mifepristone-misoprostol
Varies by province

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: “Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care” which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan’s legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)

Misoprostol only
Varies by province

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: “Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care” which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan’s legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

In Punjab province, vacuum aspiration is permitted up to 13 weeks of gestation. Abortion by use of misoprostol is permitted up to 12 weeks of gestation.

- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)

Other (where provided)

WHO Guidance

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

Vacuum aspiration is recommended for surgical abortions at or under 14 weeks to be provided by traditional and complementary medicine professionals, nurses, midwives, associate/advanced associate clinicians, generalist medical practitioners and specialist medical practitioners.

The Abortion Care Guideline recommends against the practice of dilatation and sharp curettage (D&C), including for sharp curette checks (i.e. to “complete” the abortion) following vacuum aspiration. Abortion Care Guideline § 3.4.1.

- Source document: WHO Abortion Care Guideline (page 101)

Dilatation and evacuation (D&E) is recommended for surgical abortions at or over 14 weeks to be provided by generalist medical practitioners and specialist medical practitioners. Vacuum aspiration can be used during a D&E. Abortion Care Guideline § 3.4.1.

- Source document: WHO Abortion Care Guideline (page 103)

The recommended method for medical abortion is mifepristone followed by misoprostol (regimen differs by gestational age). Abortion Care Guideline § 3.4.2.

- Source document: WHO Abortion Care Guideline (page 106)

The Abortion Care Guideline recommends the use of misoprostol alone, with a regimen that differs by gestational age. Evidence demonstrates that the use of combination mifepristone plus misoprostol is more effective than misoprostol alone. Abortion Care Guideline § 3.4.2.

- Source document: WHO Abortion Care Guideline (page 106)
WHO Guidance

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

Mifepristone and misoprostol should be listed in relevant national EMLs (NEMLs) or their equivalent and should be included in the relevant clinical care/service delivery guidelines.

Inclusion in the NEML is one important component of ensuring that quality medicines are available.

For induced abortion, mifepristone (200 mg) and misoprostol (200 μg) are recommended in the WHO EML. The EML specifically mentions the following co-packaged formulation: 1 tablet mifepristone (200 mg) + 4 tablets misoprostol (200 μg).

Restrictions on prescribing authority for some categories of health workers may need to be modified or other mechanisms put in place to make the medicines available for these health workers within the regulatory framework of the health system. Abortion Care Guideline § 1.4.4.

Source document: WHO Abortion Care Guideline (page 55)

Additional notes

Neither mifepristone nor misoprostol are on the 2007 National Essential Medicines List. The Essential Package of Health Services for Primary Health Care in Punjab comprises Misoprostol but not Mifepristone in the list of Essential Medicines.

Related documents:
- National Essential List of Medicines (page 1)
- Essential Package of Health Services for Primary Health Care in Punjab, 2013 (page 94)

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015. “Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care” which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan’s legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

Related documents:
- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)
<table>
<thead>
<tr>
<th>Services Provided</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary health-care centres</td>
<td>Varies by province see note. In Punjab province, abortion is provided at the community level (uterine evacuations with Misoprostol done by community midwives), primary care level and in referral hospitals.</td>
</tr>
<tr>
<td>Secondary (district-level) health-care facilities</td>
<td>Varies by province see note. In Punjab province, abortion is provided at the community level (uterine evacuations with Misoprostol done by community midwives), primary care level and in referral hospitals.</td>
</tr>
<tr>
<td>Specialized abortion care public facilities</td>
<td>Varies by province see note. In Punjab province, abortion is provided at the community level (uterine evacuations with Misoprostol done by community midwives), primary care level and in referral hospitals.</td>
</tr>
<tr>
<td>Private health-care centres or clinics</td>
<td>Varies by province see note. In Punjab province, abortion is provided at the community level (uterine evacuations with Misoprostol done by community midwives), primary care level and in referral hospitals.</td>
</tr>
<tr>
<td>NGO health-care centres or clinics</td>
<td>Varies by province see note. In Punjab province, abortion is provided at the community level (uterine evacuations with Misoprostol done by community midwives), primary care level and in referral hospitals.</td>
</tr>
<tr>
<td>Other (if applicable)</td>
<td></td>
</tr>
</tbody>
</table>

**WHO Guidance**

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

Where it is lawful, abortion must be accessible in practice. This requires both ensuring that health-care facilities, commodities and services are accessible (including sufficient providers), and that law and policy on abortion is formulated, interpreted and applied in a way that is compatible with human rights. Abortion Care Guideline § 1.3.1.

Additional notes

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: "Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care" which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

The Punjab Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care provide guidance on places where abortion can be performed and health-care personnel who can provide abortion services.

Related documents:

- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 23)
- Post-abortion Care Reference Manual, 2015 (page 1)

**National guidelines for post-abortion care**

Yes, guidelines issued by the government

Related documents:

- Post-abortion Care Reference Manual, 2015 (page 1)
Where can post-abortion care services be provided

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: "Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care" which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

In Punjab province, post-abortion care may be provided at all the listed settings or facilities.

- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)

Secondary (district-level) health-care facilities

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: "Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care" which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

In Punjab province, post-abortion care may be provided at all the listed settings or facilities.

- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)

Specialized abortion care public facilities

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: "Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care" which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

In Punjab province, post-abortion care may be provided at all the listed settings or facilities.

- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)

Private health-care centres or clinics

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: "Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care" which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

In Punjab province, post-abortion care may be provided at all the listed settings or facilities.

- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)

NGO health-care centres or clinics

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: "Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care" which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

In Punjab province, post-abortion care may be provided at all the listed settings or facilities.

- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)

Other (if applicable)

WHO Guidance

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

The Abortion Care Guideline recommends the option of telemedicine as an alternative to in-person interactions with the health worker to deliver medical abortion services in whole or in part. Telemedicine services should include referrals (based on the woman's location) for medicines (abortion and pain control medicines), any abortion care or post-abortion follow-up required (including for emergency care if needed), and for post-abortion contraceptive services. Abortion Care Guideline § 3.6.1.

Source document: WHO Abortion Care Guideline (page 133)
Contraception included in post-abortion care

Yes

Related documents:
- Post-abortion Care Reference Manual, 2015 (page 86 See note)

WHO Guidance

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

All contraceptive options may be considered after an abortion. For individuals undergoing surgical abortion and wishing to use contraception, Abortion Care Guideline recommends the option of initiating the contraception at the time of surgical abortion. For individuals undergoing medical abortion, for those who choose to use hormonal contraception, the Abortion Care Guideline suggests that they be given the option of starting hormonal contraception immediately after the first pill of the medical abortion regimen. For those who choose to have an IUD inserted, Abortion Care Guideline suggests IUD placement at the time that success of the abortion procedure is determined. Abortion Care Guideline § 3.5.4.

Source document: WHO Abortion Care Guideline (page 126)

Additional notes

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: “Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care” which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan’s legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

In Punjab province, “All women receiving uterine evacuation care, must be offered contraceptive information and counselling, and if they desire, a contraceptive method, including emergency contraception, before leaving the healthcare facility.”

Related documents:
- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)

Insurance to offset end user costs

No data found

Other (if applicable)

WHO Guidance

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

Where user fees are charged for abortion, this should be based on careful consideration of ability to pay, and fee waivers should be available for those who are facing financial hardship and adolescent abortion seekers. As far as possible, abortion services and supplies should be mandated for coverage under insurance plans as inability to pay is not an acceptable reason to deny or delay abortion care. Furthermore, having transparent procedures in all health-care facilities can ensure that informal charges are not imposed by staff. Abortion Care Guideline § 1.4.2.

Source document: WHO Abortion Care Guideline (page 53)
Who can provide abortion services

<table>
<thead>
<tr>
<th>Nurse</th>
<th>Varies by province see note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midwife/nurse-midwife</td>
<td>Varies by province see note</td>
</tr>
<tr>
<td>Doctor (specialty not specified)</td>
<td>Varies by province see note</td>
</tr>
<tr>
<td>Specialist doctor, including OB/GYN</td>
<td>Varies by province see note</td>
</tr>
</tbody>
</table>

In Punjab province, "uterine evacuation care can be safely provided by any properly trained health care provider, including a range of non-physician, midlevel providers who are trained to provide basic clinical procedures related to reproductive health."

The following cadre are permitted to undertake uterine evacuation with Misoprostol: community midwives, midwives, lady health visitors, nurse midwives and women medical officers. The following cadre are permitted to undertake uterine evacuation with manual vacuum aspiration: midwives, lady health visitors, nurse midwives and women medical officers.

- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 25)

In Punjab province, "uterine evacuation care can be safely provided by any properly trained health care provider, including a range of non-physician, midlevel providers who are trained to provide basic clinical procedures related to reproductive health."

The following cadre are permitted to undertake uterine evacuation with manual vacuum aspiration: midwives, lady health visitors, nurse midwives and women medical officers.

- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 25)

WHO Guidance

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

The Abortion Care Guideline recommends against regulation on who can provide and manage abortion that is inconsistent with WHO guidance. Abortion Care Guideline § 3.3.8.

Source document: WHO Abortion Care Guideline (page 97)

Additional notes

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: "Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care" which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

The Punjab Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care provide guidance on places where abortion can be performed and health-care personnel who can provide abortion services.

Related documents:
- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)
Conscientious Objection

Public sector providers

**WHO Guidance**

The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

The Abortion Care Guideline recommends that access to and continuity of comprehensive abortion care be protected against barriers created by conscientious objection. It is critical that States ensure compliance with regulations and design/organize health systems to ensure access to and continuity of quality abortion care. If it proves impossible to regulate conscientious objection in a way that respects, protects and fulfills abortion seekers' rights, conscientious objection in abortion provision may become indefensible. Abortion Care Guideline § 3.3.9.

*Source document:* WHO Abortion Care Guideline (page 98)

**Additional notes**

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: “Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care” which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

**Related documents:**
- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortive Care Reference Manual, 2015 (page 1)
<table>
<thead>
<tr>
<th>Private sector providers</th>
<th>Varies by province see note</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHO Guidance</td>
<td>The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts. The Abortion Care Guideline recommends that access to and continuity of comprehensive abortion care be protected against barriers created by conscientious objection. It is critical that States ensure compliance with regulations and design/organize health systems to ensure access to and continuity of quality abortion care. If it proves impossible to regulate conscientious objection in a way that respects, protects and fulfills abortion seekers' rights, conscientious objection in abortion provision may become indefensible. Abortion Care Guideline § 3.3.9.</td>
</tr>
</tbody>
</table>

**Source document:** WHO Abortion Care Guideline (page 98)

**Additional notes**

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: “Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care” which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

**Related documents:**
- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)

<table>
<thead>
<tr>
<th>Provider type not specified</th>
<th>Varies by province see note</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHO Guidance</td>
<td>The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts. The Abortion Care Guideline recommends that access to and continuity of comprehensive abortion care be protected against barriers created by conscientious objection. It is critical that States ensure compliance with regulations and design/organize health systems to ensure access to and continuity of quality abortion care. If it proves impossible to regulate conscientious objection in a way that respects, protects and fulfills abortion seekers' rights, conscientious objection in abortion provision may become indefensible. Abortion Care Guideline § 3.3.9.</td>
</tr>
</tbody>
</table>

**Source document:** WHO Abortion Care Guideline (page 98)

**Additional notes**

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: “Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care” which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

**Related documents:**
- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)

<table>
<thead>
<tr>
<th>Neither Type of Provider Permitted</th>
<th>Varies by province see note</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHO Guidance</td>
<td>The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts. The Abortion Care Guideline recommends that access to and continuity of comprehensive abortion care be protected against barriers created by conscientious objection. It is critical that States ensure compliance with regulations and design/organize health systems to ensure access to and continuity of quality abortion care. If it proves impossible to regulate conscientious objection in a way that respects, protects and fulfills abortion seekers' rights, conscientious objection in abortion provision may become indefensible. Abortion Care Guideline § 3.3.9.</td>
</tr>
</tbody>
</table>

**Source document:** WHO Abortion Care Guideline (page 98)

**Additional notes**

In Pakistan, the provinces have the autonomy to develop their own standards and guidelines on abortion and post-abortion care. So far, Punjab is the only province to have developed and adopted standards and guidelines on abortion and post-abortion care, in 2015: “Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care” which (among other things) outline the role and level of providers authorized, trained and supported for the provision of safe uterine evacuation and postabortion care within Pakistan's legal framework. There are also national guidelines, such as the Pakistan Woman Centered Post Abortion Care Reference Manual, from 2015.

**Related documents:**
- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)
The following descriptions were extracted from WHO Abortion Care Guideline. Where there is a specific Recommendation, this is stated. Otherwise, these are excerpts.

Where it is lawful, abortion must be accessible in practice. This requires both ensuring that health-care facilities, commodities and services are accessible (including sufficient providers), and that law and policy on abortion is formulated, interpreted and applied in a way that is compatible with human rights. Abortion Care Guideline § 1.3.1.

Additional notes

In Punjab province, “Healthcare providers have a right to conscientious objection to providing abortion, but that right does not entitle them to impede or deny access to lawful abortion services because it delays care for women, putting their health and life at risk. Where a healthcare provider refuses to provide uterine evacuation they must refer the woman to a willing and trained provider in their facility, or another easily accessible healthcare facility. Where referral is not possible, the healthcare provider who objects must provide safe abortion to save the woman’s life and to prevent serious injury to her health.”

In Punjab province, “Healthcare providers have a right to conscientious objection to providing abortion, but that right does not entitle them to impede or deny access to lawful abortion services because it delays care for women, putting their health and life at risk. Where a healthcare provider refuses to provide uterine evacuation they must refer the woman to a willing and trained provider in their facility, or another easily accessible healthcare facility. Where referral is not possible, the healthcare provider who objects must provide safe abortion to save the woman’s life and to prevent serious injury to her health.”

Related documents:
- Service Delivery Standards and Guidelines for High Quality Safe Uterine Evacuation and Postabortion Care (page 1)
- Post-abortion Care Reference Manual, 2015 (page 1)
Indicators

Country specific information related to sexual and reproductive health indications. As data for the Sustainable Development Goal (SDG) indicators related to sexual and reproductive health become available, these will be provided, through periodic updates.

Goal 1. End poverty in all its forms everywhere

1.1.1 Proportion of population below the international poverty line, by sex, age, employment status and geographical location (urban/rural)

No data

1.3.1 Proportion of population covered by social protection floors/systems, by sex, distinguishing children, unemployed persons, older persons, persons with disabilities, pregnant women, newborns, work-injury victims and the poor and the vulnerable

No data

1.a.2 Proportion of total government spending on essential services (education, health and social protection)

No data

Goal 3. Ensure healthy lives and promote well-being for all at all ages

3.1.1 Maternal mortality ratio

140 (2017)

3.1.2 Proportion of births attended by skilled health personnel

No data

3.7.1 Proportion of women of reproductive age (aged 15-49 years) who have their need for family planning satisfied with modern methods

No data

3.7.2 Adolescent birth rate (aged 10-14 years; aged 15-19 years) per 1,000 women in that age group

36.9 (2015-2020)

3.8.2 Number of people covered by health insurance or a public health system per 1,000 population

No data

3.c.1 Health worker density and distribution

No data

Goal 4. Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all

4.1.1 Proportion of children and young people: (a) in grades 2/3; (b) at the end of primary; and (c) at the end of lower secondary achieving at least a minimum proficiency level in (i) reading and (ii) mathematics, by sex

No data

Goal 5. Achieve gender equality and empower all women and girls

5.1.1 Whether or not legal frameworks are in place to promote, enforce and monitor equality and nondiscrimination on the basis of sex

No data
5.2.1 Proportion of ever-partnered women and girls aged 15 years and older subjected to physical, sexual or psychological violence by a current or former intimate partner in the previous 12 months, by form of violence and by age

5.2.2 Proportion of women and girls aged 15 years and older subjected to sexual violence by persons other than an intimate partner in the previous 12 months, by age and place of occurrence

5.3.1 Proportion of women aged 20-24 years who were married or in a union before age 15 and before age 18

5.3.2 Proportion of girls and women aged 15-49 years who have undergone female genital mutilation/cutting, by age

5.6.1 Proportion of women aged 15-49 years who make their own informed decisions regarding sexual relations, contraceptive use and reproductive health care

5.6.2 Number of countries with laws and regulations that guarantee women aged 15-49 years access to sexual and reproductive health care, information and education

5.8.1 Proportion of total agricultural population with ownership or secure rights over agricultural land, by sex; and (b) share of women among owners or rights-bearers of agricultural land, by type of tenure

5.11.1 Proportion of individuals who own a mobile telephone, by sex

Goal 8. Promote sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all

8.5.2 Unemployment rate, by sex, age and persons with disabilities

Goal 10. Reduce inequality within and among countries

10.2.1 Proportion of people living below 50 per cent of median income, by age, sex and persons with disabilities

10.3.1 Proportion of the population reporting having personally felt discriminated against or harassed within the previous 12 months on the basis of a ground of discrimination prohibited under international human rights law

Goal 16. Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels

16.1.3 Proportion of population subjected to physical, psychological or sexual violence in the previous 12 months

16.2.2 Number of victims of human trafficking per 100,000 population, by sex, age and form of exploitation

16.2.3 Proportion of young women and men aged 18-29 years who experienced sexual violence by age 18

16.3.1 Proportion of victims of violence in the previous 12 months who reported their victimization to competent authorities or other officially recognized conflict resolution mechanisms

16.5.1 Proportion of persons who had at least one contact with a public official and who paid a bribe to a public official, or were asked for a bribe by those public officials, during the previous 12 months

16.6.1 Primary government expenditures as a proportion of original approved budget, by sector (or by budget codes or similar)

16.6.2 Proportion of the population satisfied with their last experience of public services

16.7.1 Proportions of positions (by sex, age, persons with disabilities and population groups) in public institutions (national and local legislatures, public service, and judiciary) compared to national distributions

16.9.1 Proportion of children under 5 years of age whose births have been registered with a civil authority, by age

16.10.1 Number of verified cases of killing, kidnapping, enforced disappearance, arbitrary detention and torture of journalists, associated media personnel, trade unionists and human rights advocates in the previous 12 months
### Goal 17. Strengthen the means of implementation and revitalize the Global Partnership for Sustainable Development

17.8.1 Proportion of individuals using the Internet

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proportion of individuals using the Internet</td>
<td>No data</td>
</tr>
</tbody>
</table>

**Additional Reproductive Health Indicators**

- **Percentage of married women with unmet need for family planning:** 17.3 (2018)
- **Percentage of births attended by trained health professional:** 69.3 (2018)
- **Percentage of women aged 20-24 who gave birth before age 18:** 8.2 (2012-2013)
- **Total fertility rate:** 3.51 (2018)
- **Legal marital age for women, with parental consent:** No data
- **Legal marital age for women, without parental consent:** 18 (2009-2017)
- **Gender Inequalities Index (Value):** 0.54 (2017)
- **Gender Inequalities Index (Rank):** 133 (2017)
- **Mandatory paid maternity leave:** Yes (2020)
- **Median age:** 22.8 (2020)
- **Population, urban (%):** 36.666 (2018)
- **Percentage of secondary school completion rate for girls:** 0.42 (2013)
- **Gender parity in secondary education:** 0.852 (2018)
- **Percentage of women in non-agricultural employment:** 71.2300034 (2018)
- **Proportion of seats in parliament held by women:** 20 (2017)
- **Sex ratio at birth (male to female births):** 1.09 (2018)